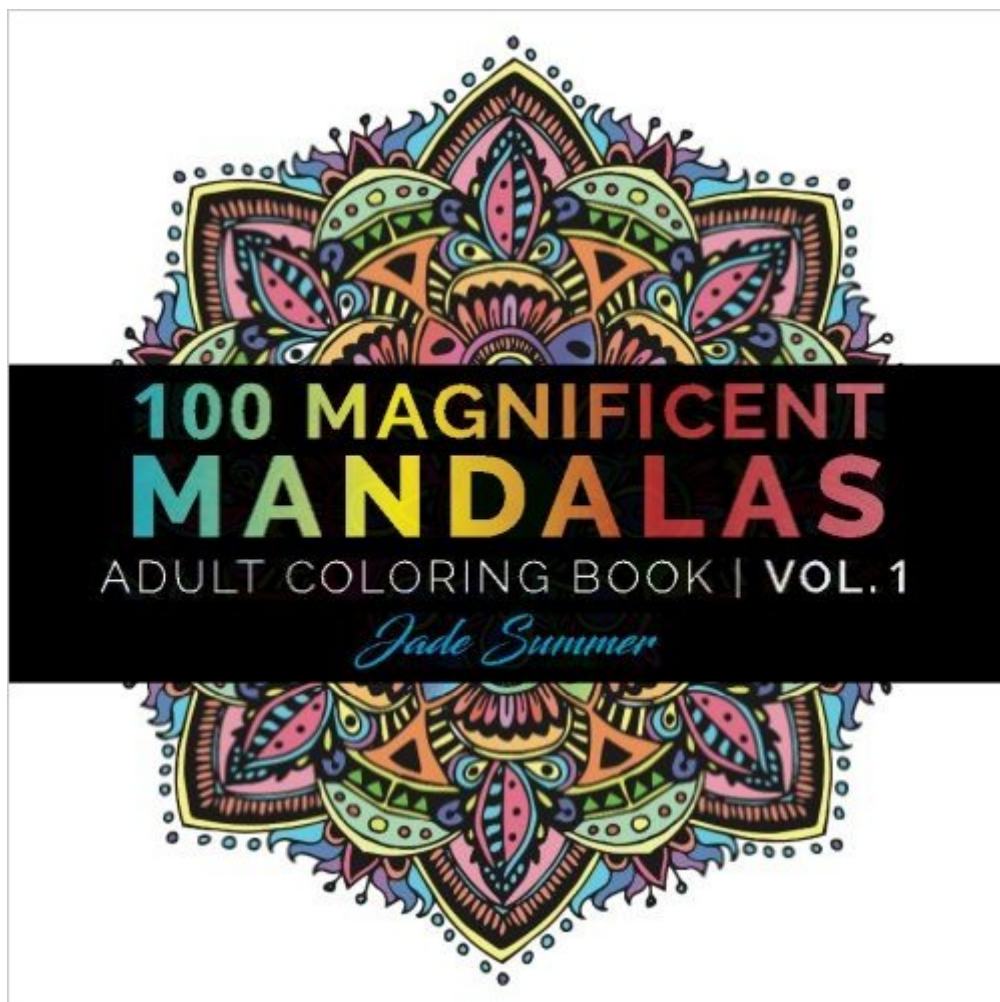


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# Mandala Coloring Book: 100+ Unique Mandala Designs And Stress Relieving Patterns For Adult Relaxation, Meditation, And Happiness (Magnificent Mandalas) (Volume 1)





## Synopsis

BOOK SALE: Only \$5.99 | Regular Price: \$9.99 | Save \$4.00, 40% Off | BUY NOW Price will increase to \$9.99. Limited time only. Express yourself, relax, and relive the joys of your younger self with Magnificent Mandalas adult coloring books. Perfect to give to others or just to treat yourself, this series features the highest-quality images by Jade Summer. Unlike many adult-coloring books, each Magnificent Mandala volume is printed on black-backed pages to prevent bleed-through, so you can use any of your favorite tools: pens, colored pencils, fine-tipped markers, or whatever you like! Adult coloring is more than just a fun hobby! Studies have demonstrated that adult coloring books can: Encourage mindfulness Reduce anxiety Relieve stress Improve concentration and focus Buy Now, Start Coloring, and Relax...

## Book Information

Series: Magnificent Mandalas

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Average Customer Review: 4.8 out of 5 stars Â Â See all reviews Â (36 customer reviews)

Best Sellers Rank: #83,869 in Books (See Top 100 in Books) #61 in Â Books > Arts & Photography > Drawing > Coloring Books for Grown-Ups > Mandalas & Patterns #70 in Â Books > Arts & Photography > Drawing > Coloring Books for Grown-Ups > Flowers & Landscapes #77 in Â Books > Arts & Photography > History & Criticism > Themes > Plants & Animals

## Customer Reviews

These pictures are absolutely gorgeous. I love the opportunity to try out the PDF version before deciding whether I want to purchase the entire book, or not. I do usually end up getting both. I was finally able to get these printed off today and they are amazing. I do not have a printer at home, so I sent the link to my husband, at work. He has been so busy, but he just took time on his lunch break to print them off. Looking through the pages, on my lap top, I can see there are wonderful drawings. We each had the PDF open and we were on the phone and decided which pages we wanted to print out. I don't like him to print the ones that use too much ink. They are pretty, but ink gets

expensive. And there were about four pages that I just didn't care for. There are 103 pages in all. The first three are copyright and cover and such, and page 103 is asking how you like it, so we did not print those. All in all, this has been my favorite, so far, of all of the books, or PDF's that I have ordered. I know I am going to go back and order the coloring book too. The price is fantastic right now, because it is on sale. I just stopped typing my review and ordered the book. The fun, for me, in having both the book, and the PDF is that I can keep some pictures organized, in the book, and still have the free pages for when I want the freedom to twist and turn the page to color more easily without the book binding to get in my way. They are also fantastic for handing one to each grand-child, when they come over, so they don't have to fight over a book. I also like having the printed pages in case I really like one particular drawing, so that I can make more copies of it without having to fight putting a book on a copy machine. I get much nicer copies off the flat page.

Even though it's the most neo-hipster thing in the world to say, I was totally into adult coloring books before they were "cool." I have about four or five of them now, ranging from the color-your-curse-words to the motivational sayings to the tattoo-inspired. The problem for me, ironically, is that I can get too stressed out about making a mistake to just relax and enjoy the process. I think that's why this mandala book worked so well for me. I've tried the supposedly zen hobby of drawing your own mandalas but my perfectionist and control freak tendencies come out and I wind up hating everything. For this reason, I never bought a mandala coloring book. I worried that one small mistake would become super obvious in the end and ruin the attractive (some might say necessary) symmetry of the mandala in general. It turned out I was wrong. There's something really soothing and focusing about the mandala design. I only have to make one decision and then I get to implement that decision around the whole thing and wham--maximum impact, minimum over-thinking. There are also so very many of them that I don't have to stress if I don't like the choices I made at all. For reference, I've attached one that I liked (and finished) and one for which I suffered a sea of regret (and didn't finish). I received a PDF/e-book version of this item in exchange for my honest review, so the pigmentation issues and streaking in the photos are due to my own lack of printer ink and not any defects in the book itself. I actually really like having the PDF of the book and I hope the developers and sellers of these books will consider selling these in that form.

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